

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag																																																																																																																																																									
						1																																																																																																																																																									
2	3	4	5	6	7	8																																																																																																																																																									
9	10	11	12	13	14	15																																																																																																																																																									
16	17	18	19	20	21	22																																																																																																																																																									
23	24	25	26	27	28	29																																																																																																																																																									
30		Legende ■ Training ■ Kein Training ■ Feiertag ■ Nordrhein-Westfalen		Mai 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>18</td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr><tr><td>19</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr><tr><td>20</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr><tr><td>21</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr><tr><td>22</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr></table>		Wo	M	D	M	D	F	S	S	18				1	2	3	4	19	5	6	7	8	9	10	11	20	12	13	14	15	16	17	18	21	19	20	21	22	23	24	25	22	26	27	28	29	30	31		Juni 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>22</td><td></td><td></td><td></td><td></td><td></td><td>1</td><td></td></tr><tr><td>23</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr><tr><td>24</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr><tr><td>25</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr><tr><td>26</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr><tr><td>27</td><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr></table>	Wo	M	D	M	D	F	S	S	22						1		23	2	3	4	5	6	7	8	24	9	10	11	12	13	14	15	25	16	17	18	19	20	21	22	26	23	24	25	26	27	28	29	27	30							Juli 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>27</td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr><tr><td>28</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr><tr><td>29</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr><tr><td>30</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr><tr><td>31</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr></table>	Wo	M	D	M	D	F	S	S	27		1	2	3	4	5	6	28	7	8	9	10	11	12	13	29	14	15	16	17	18	19	20	30	21	22	23	24	25	26	27	31	28	29	30	31			
Wo	M	D	M	D	F	S	S																																																																																																																																																								
18				1	2	3	4																																																																																																																																																								
19	5	6	7	8	9	10	11																																																																																																																																																								
20	12	13	14	15	16	17	18																																																																																																																																																								
21	19	20	21	22	23	24	25																																																																																																																																																								
22	26	27	28	29	30	31																																																																																																																																																									
Wo	M	D	M	D	F	S	S																																																																																																																																																								
22						1																																																																																																																																																									
23	2	3	4	5	6	7	8																																																																																																																																																								
24	9	10	11	12	13	14	15																																																																																																																																																								
25	16	17	18	19	20	21	22																																																																																																																																																								
26	23	24	25	26	27	28	29																																																																																																																																																								
27	30																																																																																																																																																														
Wo	M	D	M	D	F	S	S																																																																																																																																																								
27		1	2	3	4	5	6																																																																																																																																																								
28	7	8	9	10	11	12	13																																																																																																																																																								
29	14	15	16	17	18	19	20																																																																																																																																																								
30	21	22	23	24	25	26	27																																																																																																																																																								
31	28	29	30	31																																																																																																																																																											

Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag		Sonntag																																																																																																																																																															
		1		2		3		4		5		6																																																																																																																																																															
7		8		9		10		11		12		13																																																																																																																																																															
14		15		16		17		18		19		20																																																																																																																																																															
21		22		23		24		25		26		27																																																																																																																																																															
28		29		30		31																																																																																																																																																																					
				Legende Training Kein Training Feiertag Nordrhein-Westfalen				Juni 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>22</td><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr><tr><td>23</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr><tr><td>24</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr><tr><td>25</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr><tr><td>26</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr><tr><td>27</td><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr></table>				Wo	M	D	M	D	F	S	S	22							1	23	2	3	4	5	6	7	8	24	9	10	11	12	13	14	15	25	16	17	18	19	20	21	22	26	23	24	25	26	27	28	29	27	30							Juli 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>27</td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr><tr><td>28</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr><tr><td>29</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr><tr><td>30</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr><tr><td>31</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr></table>				Wo	M	D	M	D	F	S	S	27		1	2	3	4	5	6	28	7	8	9	10	11	12	13	29	14	15	16	17	18	19	20	30	21	22	23	24	25	26	27	31	28	29	30	31				August 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr><tr><td>32</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>33</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>34</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>35</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table>				Wo	M	D	M	D	F	S	S	31						1	2	32	4	5	6	7	8	9	10	33	11	12	13	14	15	16	17	34	18	19	20	21	22	23	24	35	25	26	27	28	29	30	31
Wo	M	D	M	D	F	S	S																																																																																																																																																																				
22							1																																																																																																																																																																				
23	2	3	4	5	6	7	8																																																																																																																																																																				
24	9	10	11	12	13	14	15																																																																																																																																																																				
25	16	17	18	19	20	21	22																																																																																																																																																																				
26	23	24	25	26	27	28	29																																																																																																																																																																				
27	30																																																																																																																																																																										
Wo	M	D	M	D	F	S	S																																																																																																																																																																				
27		1	2	3	4	5	6																																																																																																																																																																				
28	7	8	9	10	11	12	13																																																																																																																																																																				
29	14	15	16	17	18	19	20																																																																																																																																																																				
30	21	22	23	24	25	26	27																																																																																																																																																																				
31	28	29	30	31																																																																																																																																																																							
Wo	M	D	M	D	F	S	S																																																																																																																																																																				
31						1	2																																																																																																																																																																				
32	4	5	6	7	8	9	10																																																																																																																																																																				
33	11	12	13	14	15	16	17																																																																																																																																																																				
34	18	19	20	21	22	23	24																																																																																																																																																																				
35	25	26	27	28	29	30	31																																																																																																																																																																				

Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag		Sonntag																																																																																																																																																							
								1	Sommerferien	2	Sommerferien	3	Sommerferien																																																																																																																																																						
4	Sommerferien	5	Sommerferien	6	Sommerferien	7	Sommerferien	8	Sommerferien	9	Sommerferien	10	Sommerferien																																																																																																																																																						
11	Sommerferien	12	Sommerferien	13	Sommerferien	14	Sommerferien	15	Sommerferien	16	Sommerferien	17	Sommerferien																																																																																																																																																						
18	Sommerferien	19	Sommerferien	20	Sommerferien	21	Sommerferien	22	Sommerferien	23	Sommerferien	24	Sommerferien																																																																																																																																																						
25	Sommerferien	26	Sommerferien	27		28		29		30		31																																																																																																																																																							
				Legende ■ Training ■ Kein Training ■ Feiertag ■ Nordrhein-Westfalen				Juli 2025 <table><tr><td>Wo</td><td>M</td><td>D</td><td>M</td><td>D</td><td>F</td><td>S</td><td>S</td></tr><tr><td>27</td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr><tr><td>28</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr><tr><td>29</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr><tr><td>30</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr><tr><td>31</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr></table>				Wo	M	D	M	D	F	S	S	27		1	2	3	4	5	6	28	7	8	9	10	11	12	13	29	14	15	16	17	18	19	20	30	21	22	23	24	25	26	27	31	28	29	30	31				August 2025 <table><tr><td>Wo</td><td>M</td><td>D</td><td>M</td><td>D</td><td>F</td><td>S</td><td>S</td></tr><tr><td>31</td><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>32</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>33</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>34</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>35</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table>				Wo	M	D	M	D	F	S	S	31					1	2	3	32	4	5	6	7	8	9	10	33	11	12	13	14	15	16	17	34	18	19	20	21	22	23	24	35	25	26	27	28	29	30	31	September 2025 <table><tr><td>Wo</td><td>M</td><td>D</td><td>M</td><td>D</td><td>F</td><td>S</td><td>S</td></tr><tr><td>36</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr><tr><td>37</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr><tr><td>38</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr><tr><td>39</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr><tr><td>40</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr></table>				Wo	M	D	M	D	F	S	S	36	1	2	3	4	5	6	7	37	8	9	10	11	12	13	14	38	15	16	17	18	19	20	21	39	22	23	24	25	26	27	28	40	29	30					
Wo	M	D	M	D	F	S	S																																																																																																																																																												
27		1	2	3	4	5	6																																																																																																																																																												
28	7	8	9	10	11	12	13																																																																																																																																																												
29	14	15	16	17	18	19	20																																																																																																																																																												
30	21	22	23	24	25	26	27																																																																																																																																																												
31	28	29	30	31																																																																																																																																																															
Wo	M	D	M	D	F	S	S																																																																																																																																																												
31					1	2	3																																																																																																																																																												
32	4	5	6	7	8	9	10																																																																																																																																																												
33	11	12	13	14	15	16	17																																																																																																																																																												
34	18	19	20	21	22	23	24																																																																																																																																																												
35	25	26	27	28	29	30	31																																																																																																																																																												
Wo	M	D	M	D	F	S	S																																																																																																																																																												
36	1	2	3	4	5	6	7																																																																																																																																																												
37	8	9	10	11	12	13	14																																																																																																																																																												
38	15	16	17	18	19	20	21																																																																																																																																																												
39	22	23	24	25	26	27	28																																																																																																																																																												
40	29	30																																																																																																																																																																	